

7. Pre-season Passing Circuit with One-Twos + Pass into Target Goal

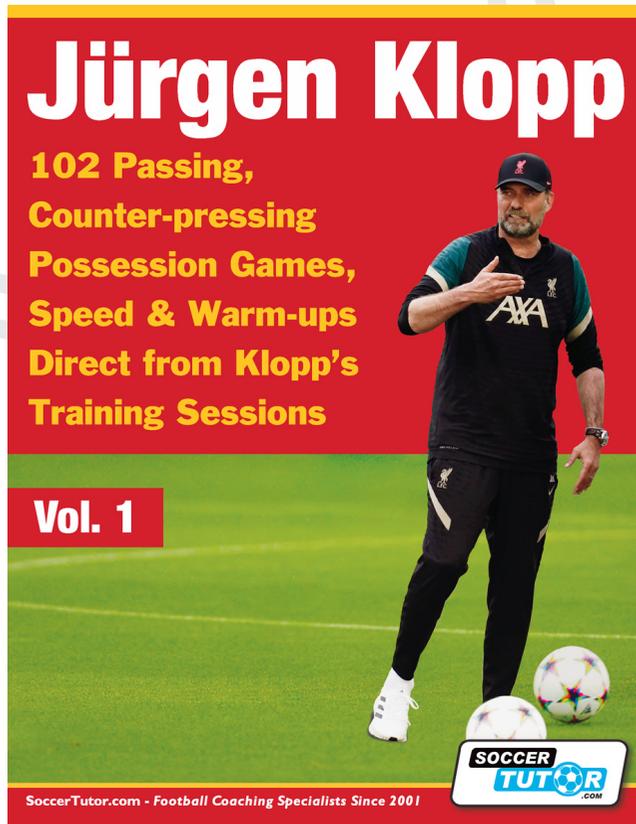


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Practice Description

1. **A** passes to **B** (either side).
2. **B** returns the pass to **A**, who moves forward to receive and complete the one-two.
3. **A** passes diagonally to **C** (or **C2** if playing from other side), who checks and drops back/inside to receive.
4. **C** plays the ball back for **B** to receive on the run.
5. **B** passes diagonally to **C2**, who moves in front of the mannequin.
6. **C2** plays the ball for **C** to receive on the run.
7. **C** delivers the final pass timed for **C2's** run around the mannequin.
8. **C2** scores in the mini goal.
9. The players rotate to the next position (**A** → **B** → **C** → **C2** → **A**) and the practice continues.

Source: Jürgen Klopp's Liverpool training session at Ramon Sanchez-Pizjuan Stadium, Seville - July 2017



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