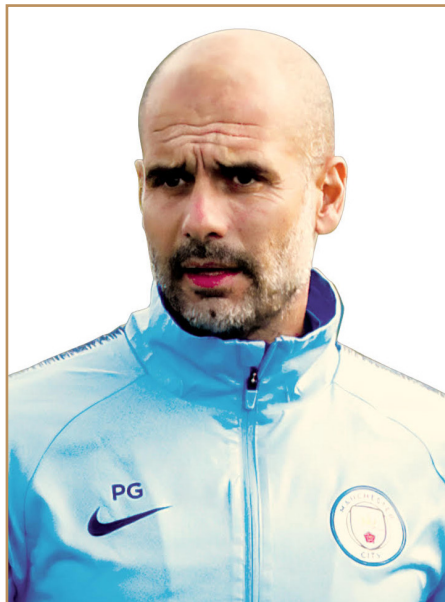


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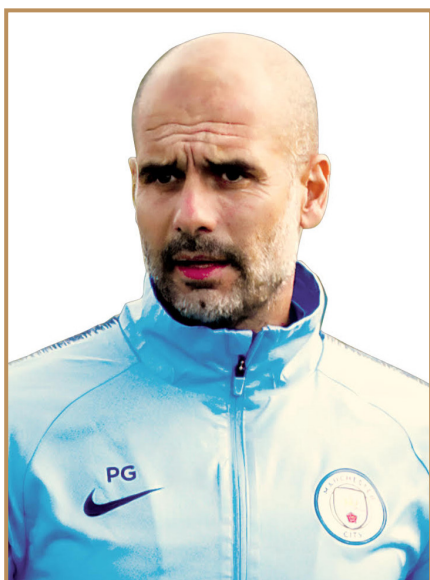
# PEP GUARDIOLA

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## Technical-Tactical Passing Warm-ups

# PEP GUARDIOLA: PROFILE



## COACHING ROLES

- **Manchester City** (2016 - Present)
- **Bayern Munich** (2013 - 2016)
- **Barcelona** (2008 - 2012)
- **Barcelona B** (2007 - 2008)

## HONOURS (Europe/World)

- **UEFA Champions League x 2** (2009, 2011)
- **UEFA Champions League Runner-up** (2021)
- **FIFA Club World Cup x 3** (2009, 2011, 2013)
- **UEFA Super Cup x 3** (2009, 2011, 2013)

## HONOURS (Domestic Leagues)

- **English Premier League x 3** (2018, 2019, 2021)
- **German Bundesliga x 3** (2014, 2015, 2016)
- **Spanish La Liga Primera División x 3** (2009, 2010, 2011)
- **Spanish Tercera (2nd) División** (2008)

## HONOURS (Domestic Cups)

- **English FA Cup** (2019)
- **German DFB-Pokal x 2** (2014, 2016)
- **Spanish Copa del Rey x 2** (2009, 2012)
- **English EFL Cup x 3** (2018, 2019, 2021)

## INDIVIDUAL AWARDS

- **FIFA World Coach of the Year** (2011)
- **Globe Soccer Awards Coach of Century** (2020)
- **European Coach of Season - Press Association** (2011)
- **European Coach of Year - Alf Ramsey Award** (2009)
- **English Premier League Manager of Season x 2** (2018, 2021)
- **LMA Manager of the Year x 2** (2018, 2021)
- **La Liga Coach of the Year x 4** (2009, 2010, 2011, 2012)

## 10. Complex Support Play Circuit with Triangle Tactical Patterns



**General Objectives:** Creating space away from opponent behind, passing and receiving (directional control), and incisive movement in a micro-game situation.

**Players:** 10-12 (3-5 extra players).

**Technical Objectives (1/2 touches):** Passing, and receiving (directional control), checking away, various types of passes; short, long, support, and through passes.

**Tactical Objectives:** Body shape, checking away (escape marker from behind), game development (width and depth), support play, incisive movement, at game speed and intensity.

### Description (8 Yard triangle/10 yard rhombus):

- A passes to B, and B to C, who moves inside, opens up, and dribbles forward.
- C passes diagonally to F, who had dropped back, and then made a run (around the cone) to receive. B spins to receive F's lay-off and passes to E.
- E plays a "give and go" with D and receives after running around the cone.
- E plays a through pass for the deep curved overlap run of F (around cone), and F passes to the next player waiting.
- **Player Movement Sequence:**  
A → B, B → C, C → D, D → E, E → F, F → A.

**Source:** Pep Guardiola's Training Session with FC Bayern Munich (2015)

## Passing Warm-Ups

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