

Positional Build Up Play Combinations



Direct from
Xabi Alonso's
Training Sessions

Learn, Practice and Apply Xabi Alonso's Training Methods Direct from his Training Sessions



BUY NOW

Coaching Books Available in Full Colour Print and eBook!

PC | Mac | iPhone | iPad | Android Phone / Tablet | Chromebook



FREE Coach Viewer **APP**



SoccerTutor.com



Read eBooks Aloud and Translate into

50+ Languages

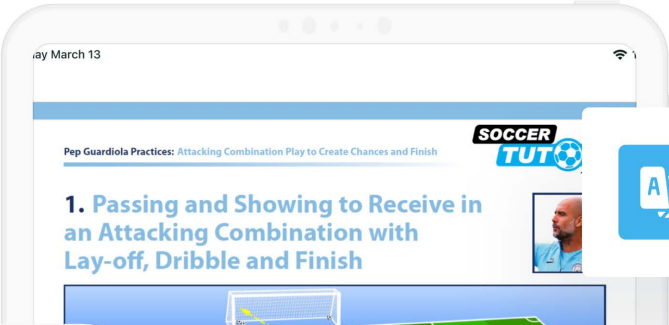
1000+ Free Practices and Tactics from the World's Top Football Coaches!

Italiano

عربي

Français

中文



50+ languages



Deutsch

English

Base Español

Description

1. Player A passes to B, who drops back behind the pole.
2. Player B passes back for A to move forward onto, completing the 1-2 combination.
3. Player B passes to C.
4. Player C passes across to B, who has moved forward past the pole.
5. Player B passes forward to D, who drops back.
6. Player D plays a lay-off pass for E to move forward onto.
7. Player E receives and dribbles past the mannequin.
8. Player E shoots at goal.
9. The players rotate positions: (A -> B -> C -> D -> E -> A).

Source: Pep Guardiola's Manchester City training session at Etihad Campus Training Ground, Manchester - 12th July 2017

113

PEP GUARDIOLA: PRACTICES FROM PEP'S SESSIONS - VOL.1

Base Español

B, who drops back behind

ask for A to move forward the 1-2 combination.

es to C.

ses across to B, who has moved the pole.

ses forward to D, who drops back.

6. Player D plays a lay-off pass for E to move forward onto.

7. Player E receives and dribbles past the mannequin.

8. Player E shoots at goal.

9. The players rotate positions: (A -> B -> C -> D -> E -> A).

Guardiola's Manchester City training session at Etihad Campus Training Ground, Manchester - 12th July 2017

113

PEP GUARDIOLA: PRACTICES FROM PEP'S SESSIONS - VOL.1

Base Español

Free Trial



Football Coaching Specialists Since 2001

Tactics Manager

Create your own Practices, Tactics & Plan Sessions!



Tactics Manager App



SoccerTutor.com

